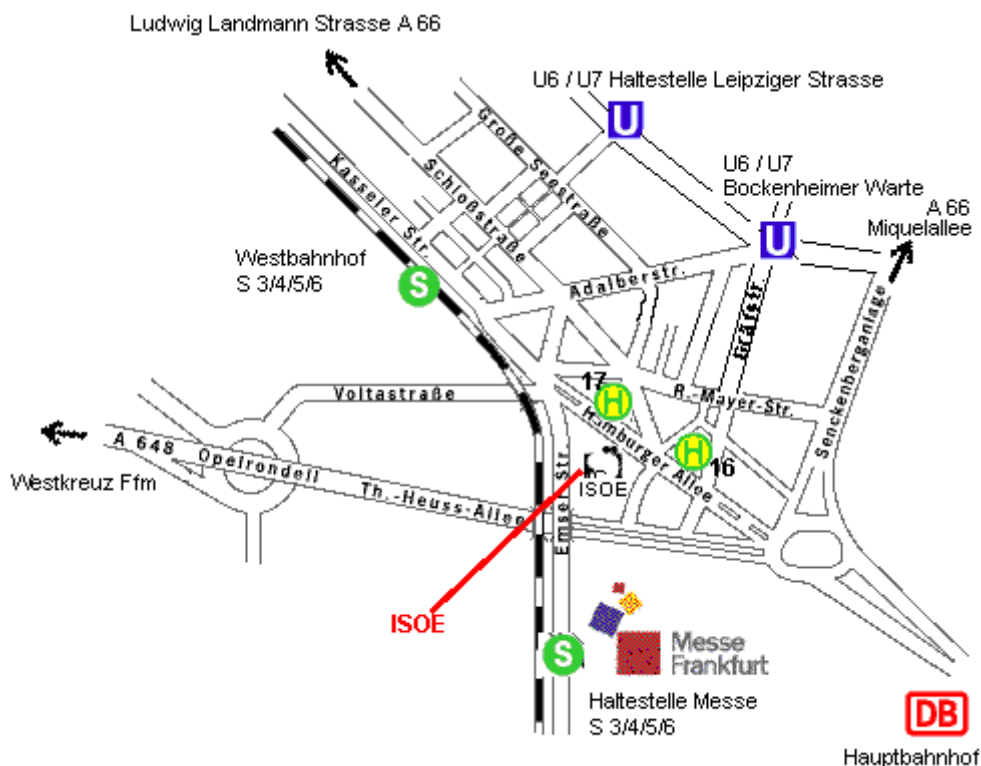




## How to get to the Institute for Social-Ecological Research (ISOE):

Institute for Social-  
Ecological Research  
Hamburger Allee 45  
60486 Frankfurt /  
Bockenheim  
Tel. +49 - 69 - 7076919 0  
Fax: +49- 69 - 7076919 11  
info@isoe.de



### Taking the S-Bahn from the Main Train Station

From the main train station you can take “S-Bahn” number 3, 4, 5, or 6 (bound for Bad Soden, Kronberg, Friedrichsdorf/Bad Homburg, Friedberg). Get off the train at the second station after the main train station: “Messe” (trade fair and exhibition centre). Follow the sign “Theodor Heuss Allee / Emser Straße) crossing the rails via stairs or elevator and keep walking in the train travelling direction (north) until you get to the staircase (elevator) which takes you down to ground level. Once you’re at street level keep walking alongside the rails crossing the bridge, almost all the way the bridge you will find a staircase which you take down to street level, keep walking in the same direction along the “Emser Straße”. No. 29 leads into a courtyard, the entrance of the ISOE is the second door of the building on the right.

### Via Tramline 16 or 17 from the Main Train Station

The Tram-Stop is right in front of the station. Take lines 16 to Ginnheim or 17 to Rebstockbad. Get off at “Varrentrappstraße” which is the second stop after the trade and exhibition centre/Messe.

As you get off cross the street to your left: this is the Hamburger Allee which you follow on the left hand side walking against the flow of traffic. After a few metres you will find number 45 which in fact is not just a building but a courtyard consisting of several buildings. You cross the courtyard towards the direction of the long building you are facing and enter the metal framed glass door. The entrance of the ISOE is on the left hand side on the ground floor.

### Coming by Car

At highway junction west (Autobahnkreuz West): A 648, direction centre of the Town/Messe, taking the exit Opelkreisel/Bockenheim. Go straight until the next traffic light, roundabout direction Bockenheim up to rail underbridge. After the second traffic light turn half right, then right twice, in front of the bridge again turn right entering Emser Straße, proceed up to

entrance No. 29 (white building). Having entered the courtyard you will find the ISOE straight on the right hand side. Please use the second entrance. (It is advisable to park your car in Emser Straße since there is an extreme shortage of parking space in the courtyard).

**Coming from the Airport:**

You can take all S-Bahn Lines going into the direction of Offenbach or Hanau. Those will take you to the Central Train Station. From there proceed as described above.

**Hint:** use <http://www.rmv.de> (local public transport in Frankfurt) for time schedule